



SURGERY INFORMATION SHEET

Your surgery is scheduled for _____. Please follow these instructions carefully.

DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT!

The morning of your surgery, **DO NOT EAT OR DRINK ANYTHING!**

You may bathe, wash your hair, shave, brush your teeth, etc., as usual.

DO NOT wear make-up or nail polish the day of your surgery.

If your surgery will require an overnight stay, bring personal items you will need such as a robe, slippers, comb, razor, toothbrush, etc.

Park in the visitors parking lot in front of the hospital.

Report to the outpatient surgery desk in the hospital.

FOR YOUR INFORMATION:

It is our office policy, that you are responsible for pre-certifying any surgical or In-patient procedures. If the insurance company has any questions, they can contact us for further information.

If you have questions about your surgery, please call us at the number listed above.

A nurse from the out-patient surgery department will usually contact you the day before your surgery, between the hours of 2:00 p.m. and 7:00 p.m., or you may contact them at (402) 461-5115, if it is more convenient for you.

For some orthopaedic surgeries, there may be a short stay on the subacute unit, if necessary.

Also, it may be necessary for you to see your family physician for a physical.